

## Information Sheet – Pastoral Care Part 1 Course

This pastoral care course is an introduction to pastoral care skills rooted in a Christian context and is suitable for all who are in some way involved in caring informally for others and wish to develop their pastoral skills and grow their pastoral role within their church.

This is the first of two pastoral courses leading to becoming an Authorised Pastoral Assistant in the Chelmsford Diocese.

### How do I apply?

For an application form contact Diane Hardy, Course Administrator, by phone on 01245 294449 or by email to [dhardy@chelmsford.anglican.org](mailto:dhardy@chelmsford.anglican.org)

Your incumbent will also need to email Diane Hardy supporting your application.

### How long is the course?

There are seven sessions in all, which may be spread over seven weeks or four full days.

### What will I learn?

The course content includes:

- Understanding what pastoral care comprises
- The Christian basis of pastoral care
- Offering pastoral care in our churches
- Qualities of a good listener
- Listening and responding skills
- A holistic approach to pastoral care
- Prayer in pastoral ministry
- Expectations and boundaries in pastoral ministry
- Supporting the bereaved
- Safe practice

### How will I be assessed?

There are two assessed activities which are about your pastoral care experience within your church. Full attendance at course sessions is also necessary to complete the learning.

### What next?

On successful completion of this course, you may further develop your pastoral care role within your church and may then progress onto the Part 2 Pastoral Care Course leading to becoming an Authorised Pastoral Assistant.

**For more information** please contact Diane Hardy,

Course Administrator Tel: 01245 294449 or Email:

[dhardy@chelmsford.anglican.org](mailto:dhardy@chelmsford.anglican.org)

Alternatively contact Hazel Kempton, Pastoral Assistant

Training Co-ordinator Tel: 01245 294456 or Email:

[hkempton@chelmsford.anglican.org](mailto:hkempton@chelmsford.anglican.org)

# happy new year!

## Welcome to your Church Pew Sheet for January 2023



### Church Services

#### Sunday 1<sup>st</sup> Jan

11.00am – Joint Communion – Little Waltham

#### Sunday 8<sup>th</sup> Jan

9.30am - Communion – Little Leighs

11.00am – Communion – Great Waltham

#### Sunday 15<sup>th</sup> Jan

10.00am – Family Communion – Ford End

11.00am – Communion – Little Waltham

11.00am – Communion – The Chignals

#### Sunday 22<sup>nd</sup> Jan

9.30am – Communion – Great Leighs

11.00am – Communion – Great Waltham

#### Sunday 29<sup>th</sup> Jan

11.00am – Joint Communion – Great Leighs

#### Sunday 5<sup>th</sup> Feb

9.30am – Family Service – Little Leighs

11.00am – Communion – Great Waltham

### Private Prayer

Little Waltham: Sundays 11am - 3pm

Little Leighs: open daily for private prayer

Ford End: open daily 10am – 4pm for private prayer

The Chignals: Sundays 10 - 6pm – open for private prayer unless a service is taking place.

Great Waltham: open Mondays 1pm - 2.30pm and last Wednesday of the month 10am - 12pm

**Please note the changes to service times  
printed in Great Waltham & Ford End Parish  
News - Please see the service times above.**

### **Please Pray:**

- Father God, King of all nations, we cry out to you now for the people of Ukraine. We ask you to rescue those who are vulnerable from the hands of their enemies that they may live without fear before you all their days [Luke 1:74-75]. (Pete Greig, 24-7 Prayer)
- For all those who have lost family and friends in the US Winter Storm.
- The Week of Prayer for Christian Unity is kept annually between 18 January and 25 January. Be-Longing: Praying for Unity amidst Injustice. As we join with other Christians around the world for the Week of Prayer we pray that our hearts will be open to see and hear the many ways in which racism continues to destroy lives, and to discern the steps we can take as individuals and communities to heal the hurts and build a better future for everyone.
- Almighty God, You anointed Jesus at His baptism with the Holy Spirit, and revealed Him as your beloved Son; grant that we who are baptised into His name may give up our lives to His service, and be found worthy of our calling.
- Thank You for the gifts and talents You have given to us. Help us to use them to bless You and bless others. Thank You for trusting us with these gifts.
- For those struggling at this winter time of year, please give them Your joy especially at the start of a new year.
- For all those who need our prayers due to sickness or ill health, especially Luke Wiffen, Richard Gibson, Joanne McLachlan, Jean Sly, Izzy Reed, Teddie Emmett, Libby Hill, Dorothy Osborne and others we know.
- For those who mourn, especially the family and friends of Stephen Lidbury, Pat Mitchell, John Jenkins and Diane Draper.

Interment of Ashes for the late John Jenkins will be on 6th January at 11am at Great Waltham.

With great sadness, we report that Pat Mitchell, who has been a lifelong and committed member of our congregation and choir at St John's Little Leighs, passed away on 15 December at the age of 93. Although Pat's dementia and frailty had got steadily worse over recent years, necessitating her move to a care home in Felsted, she was not ill or in any pain, and passed peacefully in her sleep. A funeral at St John's will be held in the new year.

"Prayer is not asking. Prayer is putting oneself in the hands of God, at his disposition, and listening to His voice in the depths of our hearts". Mother Teresa

### **Lost Property at Great Waltham Church**

There are various items of lost property at the back of Great Waltham Church, please have a look if you've lost something recently.

The light shines in the darkness, and the darkness has not overcome it. John 1:5

**Coffee with Christ** will be on January 18<sup>th</sup> 9.30am to 11.00am at St John's church.

Business meeting for PCC Chairs, Treasurers and Churchwardens on 17th January.  
Vision Day for all PCC members on Saturday 21<sup>st</sup> January.  
**Please pray these meetings will be fruitful and blessed by God.**

As you go on your way, may God go with you.  
May God go before you to show you the way.  
May God go behind you to encourage you,  
beside you to befriend you,  
above you to watch over,  
within you to give you peace.  
In the name of the Father, Son, and Spirit.  
John Ylvisaker

### **Christmas Tree Festival Weekend - Great Waltham**

A big thank you to everyone helped with the Christmas concert and fayre.  
The grand total which goes towards Great Waltham and Ford End Church funds is £1520.13.

### **Daily Devotional for 2023**

We have decided to read "Strength for Each Day" by Joyce Meyer as our daily devotional for 2023. Discover a powerful and positive mindset each day of the year with uplifting insights and motivational Bible verses. Please let Carol or Jo know if you'd like a free copy if you haven't done so already. We also have a WhatsApp group to share encouraging messages. Please let Jo know if you'd like to join the group.  
God Bless, Jo and Carol.

### **The Gate of The Year**

And I said to the man who stood at the gate of the year:  
"Give me a light that I may tread safely into the unknown."  
And he replied: "Go out into the darkness and put your hand into the Hand of God. That shall be to you better than light and safer than a known way." So I went forth, and finding the Hand of God, trod gladly into the night. And He led me towards the hills and the breaking of day in the lone East."  
Minnie Louise Haskins

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admin@littleandgreat.org.uk 07957 228467  
Church Websites: [www.greatwalthamchurch.org.uk](http://www.greatwalthamchurch.org.uk)  
<https://churchesattheleighsandlittlewaltham.org>